

AM

Results

Girls 100 Meter Dash Class A

Name	Year School	Finals	H#
Finals			
1 Jackie Cole	10 Medford	13.42	2
2 Vanessa Schmidt	11 Kenyon-Wanam	13.59	2
3 Taylor Koenen	11 Pine Island	13.67	2
4 Reighley Sorum	9 Pine Island	14.16	2
5 Lyndee Northrop	9 Pine Island	14.51	2
6 Kaelynn Ryan	9 Kenyon-Wanam	14.81	2 14.803
7 Avy Agenten	9 Kenyon-Wanam	14.81	2 14.804
8 Avery Brown	11 Zumbrota-Maz	14.92	1
9 Adalia List	11 Medford	15.05	2
10 Ava Knott	10 Zumbrota-Maz	15.57	1
11 Maddie Seymour	10 Zumbrota-Maz	16.05	1

Girls 200 Meter Dash Class A

Name	Year School	Finals	H#
1 Jackie Cole	10 Medford	26.94	2
2 Taylor Koenen	11 Pine Island	27.30	2
3 Hayley Lentsch	10 Kenyon-Wanam	27.59	2
4 Madison Hudson	12 Pine Island	27.63	2
5 Kirsten Bettermann	11 Zumbrota-Maz	27.96	2
6 isabel Judd	12 Zumbrota-Maz	29.23	2
7 Zoe Njus	9 Pine Island	29.38	2
8 Kristen Biebighauser	7 Medford	29.80	1
9 Katie Keach	12 Zumbrota-Maz	30.00	2
10 Addison Vandereide	9 Medford	30.76	1
11 Avy Agenten	9 Kenyon-Wanam	30.78	2
12 Allie Christensen	9 Kenyon-Wanam	32.07	1

Girls 400 Meter Dash Class A

Name	Year School	Finals
1 Reese Koenen	10 Pine Island	1:03.22
2 Hayley Lentsch	10 Kenyon-Wanam	1:04.30
3 Kaelynn Ryan	9 Kenyon-Wanam	1:04.70
4 Katie Applen	10 Pine Island	1:05.34
5 Kristen Biebighauser	7 Medford	1:08.50
6 Evy Skierka	9 Pine Island	1:09.35
7 Ava Haugen	9 Zumbrota-Maz	1:10.67
8 Taylor Betcher	9 Kenyon-Wanam	1:12.71

Girls 800 Meter Run Class A

Name	Year School	Finals
1 Katrina Sortland	11 Zumbrota-Maz	2:17.96

2	Paxyn Rendahl	10	Pine Island	2:30.09
3	Elena Kabat	9	Pine Island	2:36.23
4	Kaelynn Ryan	9	Kenyon-Wanam	2:37.54
5	Audrie Simpson	9	Pine Island	2:37.80
6	Clara Kniefel	12	Medford	2:45.37
7	Courtney Andring	8	Zumbrota-Maz	2:54.46
8	Taylor Thomforde	7	Kenyon-Wanam	3:04.92
9	Isabelle Amsbaugh	9	Zumbrota-Maz	3:06.62

Girls 1600 Meter Run Class A

Name	Year	School	Finals	
1	Natasha	Sortland	11 Zumbrota-Maz	5:05.81
2	Brooklyn	Radtke	12 Pine Island	6:00.59
3	Alivia	Levi	8 Pine Island	6:02.82
4	Madisen	Betcher	12 Kenyon-Wanam	6:10.71
5	Lily	Peterson	9 Kenyon-Wanam	6:36.74
6	Alexandra	Ebertowski	10 Zumbrota-Maz	6:42.04
7	Ellie	Hoffarth	10 Pine Island	6:53.78
8	Clara	Thurnau	9 Medford	7:15.32
9	Avery	Arndt	7 Medford	7:22.06

Girls 3200 Meter Run Class A

Name	Year	School	Finals	
1	Natasha	Sortland	11 Zumbrota-Maz	11:56.72
2	Alivia	Levi	8 Pine Island	12:57.73
3	Shiwei	Hong	12 Pine Island	13:31.13
4	Britta	Stiller	10 Zumbrota-Maz	13:43.44
5	Ayana	Osterhaus	10 Pine Island	14:40.19

Girls 100 Meter Hurdles Class A

Name	Year	School	Finals	
1	Elena	Hartung	9 Pine Island	17.30
2	Rachel	Nesseth	12 Kenyon-Wanam	17.38
3	Kendall	Hayden	11 Pine Island	18.20
4	Olivia	Seymour	12 Zumbrota-Maz	18.85
5	Eliza	Fletcher	9 Pine Island	19.07
6	Josie	Stensland	11 Zumbrota-Maz	19.48

Girls 300 Meter Hurdles Class A

Name	Year	School	Finals	
1	Elena	Hartung	9 Pine Island	48.42
2	Rachel	Nesseth	12 Kenyon-Wanam	50.04
3	Sawyer	Sheridan	9 Zumbrota-Maz	50.99
4	Kendall	Hayden	11 Pine Island	53.29
5	Josie	Stensland	11 Zumbrota-Maz	54.81
6	Eliza	Fletcher	9 Pine Island	57.30
7	Carmen	Nerison	9 Kenyon-Wanam	59.08

Girls 4x100 Meter Relay Class A

School	Finals
1 Pine Island	50.98
1) Reighley Sorum 9	2) Madison Hudson 12
3) Kiley House 12	4) Taylor Koenen 11
2 Kenyon-Wanamingo-Goodhue*	51.72
1) Rachel Nesseth 12	2) Hayley Lentsch 10
3) Stella Rechtzigel 12	4) Vanessa Schmidt 11
3 Zumbrota-Mazeppa	52.75
1) Kirsten Bettermann 11	2) Kaila Huneke 9
3) isabel Judd 12	4) Siddha Hunt 12
4 Medford	53.54
1) Peyton Snow 10	2) Hailey Hemann 9
3) Adalia List 11	4) Jackie Cole 10

Girls 4x200 Meter Relay Class A

School	Finals
1 Zumbrota-Mazeppa	1:52.37
1) Kirsten Bettermann 11	2) Kaila Huneke 9
3) Emma Buck 12	4) Katrina Sortland 11
2 Pine Island	1:54.32
1) Reighley Sorum 9	2) Reese Koenen 10
3) Bethany Dick 11	4) Zoe Njus 9
3 Medford	1:56.31
1) Hailey Hemann 9	2) Clara Kniefel 12
3) Annette Kniefel 10	4) Peyton Snow 10
4 Kenyon-Wanamingo-Goodhue*	2:04.77
1) Avy Agenten 9	2) Taylor Betcher 9
3) Allie Christensen 9	4) Holly Carlstrom 8

Girls 4x400 Meter Relay Class A

School	Finals
1 Zumbrota-Mazeppa	4:10.02
1) Emma Buck 12	2) Sawyer Sheridan 9
3) Siddha Hunt 12	4) Katrina Sortland 11
2 Pine Island	4:20.78
1) Madison Hudson 12	2) Elena Hartung 9
3) Paxyn Rendahl 10	4) Reese Koenen 10
3 Medford	4:38.22
1) Peyton Snow 10	2) Clara Kniefel 12
3) Annette Kniefel 10	4) Payton Ristau 11
4 Kenyon-Wanamingo-Goodhue*	4:53.77
1) Madisen Betcher 12	2) Holly Carlstrom 8
3) Lily Peterson 9	4) Taylor Betcher 9

Girls 4x800 Meter Relay Class A

School	Finals
1 Pine Island	10:50.98
1) Mia Schmoll 12	2) Audrie Simpson 9
3) Paxyn Rendahl 10	4) Elena Kabat 9

2	Kenyon-Wanamingo-Goodhue*	11:09.97
1)	Madisen Betcher 12	2) Tessa Erlandson 11
3)	Grace Nystuen 11	4) Lily Peterson 9
3	Medford	13:50.43
1)	Clara Thurnau 9	2) Josie Sanford 7
3)	Avery Arndt 7	4) Madison Murphy 7

Girls High Jump Class A

Name	Year	School	Finals
1 Maddie Seymour	10	Zumbrota-Maz	5-01.00
2 Ava Knott	10	Zumbrota-Maz	4-08.00
3 Vanessa Schmidt	11	Kenyon-Wanam	4-08.00
4 Ella Schmoll	9	Pine Island	4-06.00
5 Katie Keach	12	Zumbrota-Maz	4-06.00
6 Aurora Wiskow	9	Kenyon-Wanam	4-04.00
6 Taylor Koenen	11	Pine Island	4-04.00
8 Stella Rechtzigel	12	Kenyon-Wanam	4-04.00
9 Katie Applen	10	Pine Island	4-02.00

Girls Pole Vault Class A

Name	Year	School	Finals
1 Mia Schmoll	12	Pine Island	8-06.00
2 Mackenzie Kellen	12	Medford	7-08.00
3 isabel Judd	12	Zumbrota-Maz	7-02.00
4 Brynne Kelley	11	Pine Island	7-02.00
5 Britta Stiller	10	Zumbrota-Maz	6-08.00
5 Sommer Post	10	Zumbrota-Maz	6-08.00
5 Lydia Heiderscheidt	9	Medford	6-08.00
8 Evy Skierka	9	Pine Island	6-02.00
9 Evelyn Scheffler	11	Kenyon-Wanam	5-08.00

Girls Long Jump Class A

Name	Year	School	Finals
1 Hayley Lentsch	10	Kenyon-Wanam	17-06.00
2 Jackie Cole	10	Medford	17-06.00
3 Reese Koenen	10	Pine Island	17-00.50
4 Vanessa Schmidt	11	Kenyon-Wanam	15-09.25
5 Avery Brown	11	Zumbrota-Maz	14-08.50
6 Brooklynn Kelley	10	Pine Island	13-11.25
7 Cora Marx	10	Zumbrota-Maz	13-07.50
8 Sarah Frandsen	11	Pine Island	13-07.00
9 Sawyer Sheridan	9	Zumbrota-Maz	12-09.25

Girls Triple Jump Class A

Name	Year	School	Finals
1 Elena Hartung	9	Pine Island	31-01.50
2 Macy Koenen	8	Pine Island	30-06.50
3 Zoe Njus	9	Pine Island	30-00.50
4 Avy Agenten	9	Kenyon-Wanam	29-10.00

5	Carmen Nerison	9	Kenyon-Wanam	29-00.50
6	Peyton Snow	10	Medford	28-09.50
7	Ella Meyer	10	Zumbrota-Maz	28-08.50
8	Addison Vandereide	9	Medford	28-04.00
--	Kaila Huneke	9	Zumbrota-Maz	FOUL

Girls Shot Put Class A

Name	Year	School	Finals	
1	Reagan	Sutherland	11 Medford	30-05.25
2	Mackenzie	Kellen	12 Medford	29-01.50
3	Lyndee	Northrop	9 Pine Island	27-11.50
4	Gabriella	White	11 Pine Island	27-01.75
5	Olivia	Seymour	12 Zumbrota-Maz	27-00.00
6	Liz	Ziller	12 Pine Island	26-04.00
7	Grace	Nystuen	11 Kenyon-Wanam	25-03.50
8	Jillian	Kellen	9 Medford	23-11.00
9	Kaitlyn	Finstuen	12 Zumbrota-Maz	22-06.25
10	Julia	Patterson	11 Kenyon-Wanam	20-10.25
11	Lily	Hutter	11 Kenyon-Wanam	17-05.50

Girls Discus Throw Class A

Name	Year	School	Finals	
1	Abby	Fitzgerald	11 Medford	101-05
2	Mackenzie	Kellen	12 Medford	98-03
3	Lyndee	Northrop	9 Pine Island	92-04
4	Isabel	Miller	10 Medford	90-01
5	Aubrey	Blumers	12 Pine Island	80-00
6	Liz	Ziller	12 Pine Island	75-08
7	Siddha	Hunt	12 Zumbrota-Maz	74-11
8	Olivia	Seymour	12 Zumbrota-Maz	71-00
9	Julia	Patterson	11 Kenyon-Wanam	59-06
10	Kaitlyn	Finstuen	12 Zumbrota-Maz	54-10
11	Evelyn	Scheffler	11 Kenyon-Wanam	43-01
12	Grace	Nystuen	11 Kenyon-Wanam	37-11

Boys 100 Meter Dash Class A

Name	Year	School	Finals	
1	Joshua	Schmidt	12 Kenyon-Wanam	11.69
2	RJ	Sylak	11 Zumbrota-Maz	11.75
3	Bentley	Lujero	10 Pine Island	12.21
4	William	Higley	10 Zumbrota-Maz	12.62
5	Ty	Gibson	10 Pine Island	12.68
6	Gavin	Twaddle	9 Pine Island	12.97
7	Nathan	Carroll	12 Kenyon-Wanam	13.57
8	Noel	Hernandez	8 Kenyon-Wanam	13.84
9	Austin	Barnes	11 Zumbrota-Maz	16.01

Boys 200 Meter Dash Class A

Name	Year	School	Finals	H#
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1	RJ Sylak	11	Zumbrota-Maz	22.42	2
2	Joshua Schmidt	12	Kenyon-Wanam	22.81	2
3	Jesse Ortiz	10	Medford	23.13	2
4	Sam Knox	11	Pine Island	24.80	2
5	Ty Gibson	10	Pine Island	25.01	2
6	Abe Ferber	9	Pine Island	25.62	2
7	Logan Carroll	10	Kenyon-Wanam	26.44	2
8	Miles Berg	11	Zumbrota-Maz	27.02	1
9	Noel Hernandez	8	Kenyon-Wanam	27.71	1
10	Nico Kruger	11	Zumbrota-Maz	28.84	1

Boys 400 Meter Dash Class A

Name	Year	School	Finals	H#	
1	Henry Grayson	12	Medford	50.82	2
2	Matthew Cain	12	Pine Island	53.82	2
3	Ty Gibson	10	Pine Island	54.52	2
4	Cohen O'Connor	11	Medford	54.70	2
5	Ryder Schmidt	9	Pine Island	56.41	2
6	Riley Babcock	10	Medford	58.67	2
7	Logan Lee	9	Zumbrota-Maz	1:02.03	2
8	Miles Berg	11	Zumbrota-Maz	1:03.24	2
9	Andre Cortez	8	Kenyon-Wanam	1:04.60	1
10	Noel Hernandez	8	Kenyon-Wanam	1:04.65	1
11	Landon Berg	9	Zumbrota-Maz	1:05.60	1
12	Nathan Carroll	12	Kenyon-Wanam	1:07.91	2

Boys 800 Meter Run Class A

Name	Year	School	Finals	
1	Braxton Osterhaus	11	Pine Island	2:05.81
2	Cohen Stursa	11	Medford	2:08.10
3	Jesse Olson	11	Pine Island	2:14.38
4	Indy Judd	8	Zumbrota-Maz	2:20.22
5	Sam Johnson	12	Pine Island	2:20.64
6	Luis Lopez	10	Medford	2:21.37
7	Kirt Rude	8	Zumbrota-Maz	2:28.96
8	Corey Peters	12	Zumbrota-Maz	2:30.66

Boys 1600 Meter Run Class A

Name	Year	School	Finals	
1	Brandt Konik	11	Pine Island	4:59.28
2	Jamison Rosane	9	Pine Island	5:10.43
3	Ezekiel Marquardt	10	Pine Island	5:20.39
4	Malcolm Meyers	11	Zumbrota-Maz	6:13.79
5	Brayden Rasmussen	11	Zumbrota-Maz	6:19.45

Boys 3200 Meter Run Class A

Name	Year	School	Finals	
1	Brandt Konik	11	Pine Island	10:19.15
2	Seth Konik	9	Pine Island	10:23.34

3	Ethan Gerhart	9	Pine Island	10:58.01
4	Austin Erickson	11	Medford	11:34.16
5	Jacob Williamson	8	Zumbrota-Maz	12:04.92

Boys 110 Meter Hurdles Class A

Name	Year	School	Finals	
1	Jack Noll	12	Pine Island	18.03
2	CJ Tree	10	Pine Island	18.64
3	Noah Wernau	11	Pine Island	18.72
4	Noah Kevan	11	Zumbrota-Maz	18.79
5	Brady Bauer	11	Kenyon-Wanam	22.87

Boys 300 Meter Hurdles Class A

Name	Year	School	Finals	
1	CJ Tree	10	Pine Island	44.61
2	Evan Ferber	11	Pine Island	44.65
3	Logan Carroll	10	Kenyon-Wanam	48.57
4	Noah Kevan	11	Zumbrota-Maz	48.96
5	Brady Bauer	11	Kenyon-Wanam	55.63
6	Asher Moore	9	Kenyon-Wanam	55.95
--	Jack Noll	12	Pine Island	FS

Boys 4x100 Meter Relay Class A

School	Finals
1 Pine Island	45.34
1) Bentley Lujero 10	2) Zack Ihde 12
3) Matthew Cain 12	4) Jarod White 12
2 Zumbrota-Mazeppa	46.56
1) Brody Befort 11	2) Drew Christopherson 12
3) Austin Jentsch 9	4) Tanner Finstuen 11
3 Kenyon-Wanamingo-Goodhue*	50.07
1) Nathan Carroll 12	2) Laden Nerison 12
3) John Smith 12	4) Logan Carroll 10

Boys 4x200 Meter Relay Class A

School	Finals
1 Pine Island	1:34.96
1) Bentley Lujero 10	2) Zack Ihde 12
3) Michael Goodman 11	4) Jarod White 12
2 Zumbrota-Mazeppa	1:35.51
1) Brody Befort 11	2) Drew Christopherson 12
3) Austin Jentsch 9	4) RJ Sylak 11
3 Kenyon-Wanamingo-Goodhue*	1:57.25
1) Brady Bauer 11	2) Asher Moore 9
3) Andre Cortez 8	4) Gunnar Blakstad 9
-- Medford	DQ

Interference

1) Jesse Ortiz 10	2) Paul Cole 12
3) Cohen Stursa 11	4) Henry Grayson 12

Boys 4x400 Meter Relay Class A

School	Finals
1 Pine Island	3:33.48
1) Matthew Cain 12	2) Mark Quintero 12
3) Jarod White 12	4) Zack Ihde 12
2 Zumbrota-Mazeppa	3:50.45
1) Drew Christopherson 12	2) Austin Jentsch 9
3) Zane Angerman 11	4) William Higley 10

Boys 4x800 Meter Relay Class A

School	Finals
1 Pine Island	8:53.74
1) Sam Johnson 12	2) Braxton Osterhaus 11
3) Seth Konik 9	4) Jamison Rosane 9
2 Medford	9:15.56
1) Austin Erickson 11	2) Cohen O'Connor 11
3) Riley Babcock 10	4) Cohen Stursa 11
3 Zumbrota-Mazeppa	10:07.47
1) Kirt Rude 8	2) Myles Ramer 10
3) Indy Judd 8	4) Ethan Miller 8

Boys High Jump Class A

Name	Year School	Finals
1 Gabe Northrop	12 Pine Island	5-11.00
2 Mark Quintero	12 Pine Island	5-11.00
3 Laden Nerison	12 Kenyon-Wanam	5-09.00
4 Jesse Olson	11 Pine Island	5-05.00

Boys Pole Vault Class A

Name	Year School	Finals
1 Jarod White	12 Pine Island	15-05.00
2 Tanner Finstuen	11 Zumbrota-Maz	12-03.00
3 Dylan Heiderscheidt	11 Medford	11-03.00
4 Sam Knox	11 Pine Island	10-09.00
5 Zayne Novek	11 Zumbrota-Maz	10-09.00
6 Malcolm Meyers	11 Zumbrota-Maz	9-03.00
7 CJ Tree	10 Pine Island	8-09.00

Boys Long Jump Class A

Name	Year School	Finals
1 Joshua Schmidt	12 Kenyon-Wanam	21-05.00
2 Laden Nerison	12 Kenyon-Wanam	20-06.50
3 Michael Goodman	11 Pine Island	20-02.50
4 Mark Quintero	12 Pine Island	19-11.50
5 Jesse Ortiz	10 Medford	19-04.00
6 Brody Befort	11 Zumbrota-Maz	18-00.50

7	Ryder Schmidt	9	Pine Island	17-01.50
8	Miles Berg	11	Zumbrota-Maz	16-08.50
9	Asher Moore	9	Kenyon-Wanam	14-03.00
10	Nico Kruger	11	Zumbrota-Maz	13-09.00

Boys Triple Jump Class A

Name	Year	School	Finals	
1	Laden Nerison	12	Kenyon-Wanam	44-07.00
2	Michael Goodman	11	Pine Island	41-01.00
3	Joshua Schmidt	12	Kenyon-Wanam	39-08.00
4	Corey Peters	12	Zumbrota-Maz	36-00.50
5	Jason Ryan	11	Pine Island	35-06.00
6	Austin Erickson	11	Medford	34-04.50
7	Sven Oberg	9	Pine Island	33-06.00
8	William Higley	10	Zumbrota-Maz	32-08.50
9	Andre Cortez	8	Kenyon-Wanam	31-00.25
--	Austin Jentsch	9	Zumbrota-Maz	FOUL

Boys Shot Put Class A

Name	Year	School	Finals	
1	Dylan Heiderscheidt	11	Medford	43-02.25
2	Connor Williamson	12	Pine Island	40-07.00
3	Austin Sisell	11	Pine Island	40-05.50
4	Zane Angerman	11	Zumbrota-Maz	37-06.00
5	Lane McDonough	12	Pine Island	37-04.50
6	John Smith	12	Kenyon-Wanam	34-09.25
7	Jack Boraas	10	Zumbrota-Maz	33-05.00
8	Cain Johannes	9	Medford	29-02.50
9	Jimmy Suess	10	Zumbrota-Maz	28-09.25
10	Brady Bauer	11	Kenyon-Wanam	28-02.50
11	Zach Mason	10	Kenyon-Wanam	28-02.00
12	Carter Bilitz	9	Medford	27-05.00

Boys Discus Throw Class A

Name	Year	School	Finals	
1	Gabe Northrop	12	Pine Island	121-00
2	Ben Northrop	10	Pine Island	113-10
3	Logan Mentjes	12	Pine Island	111-08
4	Dylan Heiderscheidt	11	Medford	107-03
5	Zane Angerman	11	Zumbrota-Maz	107-00
6	John Smith	12	Kenyon-Wanam	97-03
7	Jack Boraas	10	Zumbrota-Maz	92-04
8	Jimmy Suess	10	Zumbrota-Maz	80-04
9	Ben Short	10	Kenyon-Wanam	73-01
10	Zach Mason	10	Kenyon-Wanam	69-08
11	Cain Johannes	9	Medford	67-04
--	Carter Bilitz	9	Medford	FOUL

Women - Class A - Team Rankings - 18 Events Scored

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1) Pine Island	326.50	2) Zumbrota-Mazeppa	182
3) Kenyon-Wanamingo-Goodhue*	164.50	4) Medford	149

Men - Class A - Team Rankings - 18 Events Scored

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1) Pine Island	377	2) Zumbrota-Mazeppa	164
3) Kenyon-Wanamingo-Goodhue*	126	4) Medford	97